

# Guidance and Counseling Services **DIGEST**

Vol. 12, No.5

*Please forward this Digest to your colleagues.*

December 2014

*Our Vision: That all schools will have fully implemented Comprehensive Guidance and Counseling Programs that advance the academic, career, and personal/social development of all students.*

*Our Mission: To work collaboratively with counselor educators, the Missouri School Counselor Association, the Missouri Association for Career and Technical Education and other stakeholders to develop and provide resources and meaningful professional development that support professional school counselors and career services personnel in their efforts toward full implementation of their programs.*

## **The Guidance and Counseling Services Staff:**

**Rene' Yoesel** - 573-751-0857 [Rene.Yoesel@dese.mo.gov](mailto:Rene.Yoesel@dese.mo.gov)  
**Tom Schlimpert** - 573-751-6875 [Tom.schlimpert@dese.mo.gov](mailto:Tom.schlimpert@dese.mo.gov)  
**Loree Curtman** - 573-751-4383 [Loree.Curtman@dese.mo.gov](mailto:Loree.Curtman@dese.mo.gov)

## **Announcements**

Resources and information provided in the Guidance Digest are for communication purposes only. Listing these resources and information does not constitute endorsement by either the Guidance and Counseling Services Section or the Department of Elementary and Secondary Education.

### **Happy Holidays!**

As we continue to be thankful for all of the blessings we have personally and as a nation, we are mindful of the critical role that public education plays in developing our students and the future of our great country. Professional School Counselors have a critical role in that development!

It is with sincere admiration and appreciation that Rene, Lore'e, and Tom extend our holiday wishes to you and your family! May your remaining school days before the break be calm and uneventful and your vacation refreshing and enjoyable! We certainly appreciate you and all that you do!

### **Cool Video**

Stand Up 4 Public Schools Public Service Announcement with students from Blue Springs  
<https://www.youtube.com/watch?v=vfSGuKPxoXE>

### **New Guidance Digest Distribution System**

Thanks to the 1115 of you who have registered through this new system! Please share this information with any interested parties. To continue receiving the Guidance Digest **you MUST subscribe** to the new Guidance Listserv at <http://lists.mo.gov/mailman/listinfo/guidancelistserv> Follow the online directions. If you have any questions or concerns please contact Rene' Yoesel at [rene.yoesel@dese.mo.gov](mailto:rene.yoesel@dese.mo.gov)

# Program Components

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## CURRICULUM

### Guidance Curriculum

The newly updated K-12 guidance and counseling GLEs and curriculum provides unit and individual lesson plans for all three program components.

<http://dese.mo.gov/college-career-readiness/guidance-counseling/curriculum>

### Elementary and Middle School Resources

[What-every-school-can-learn-from-preschools](#) is a quick read article that addresses the need for social skill development at all levels. It includes a link to an anger management through social problem solving curriculum for upper elementary students called "Tools for Getting Along" and "Brainology" curriculum which teaches middle schoolers the basics of neuroscience and the connection to motivation.

## INDIVIDUAL STUDENT PLANNING

### Top Jobs

According to <http://jobs.mo.gov/> the careers in Missouri with the best outlook between 2010—2020 are:

1. Registered Nurse
2. Heavy and Tractor-Trailer Truck Drivers
3. Sales Representatives -Whole sale & Manufacturing
4. Carpenters
5. Accountants & Auditors

### Individual Student Planning Rubrics

To self-assess your current status, see the [Individual Student Planning Rubrics](#) for the elementary, middle, and high school that were presented at the Fall Guidance System of Support meetings.

### College and Career Readiness

High school curriculum recommended by the Missouri Coordinating Board for Higher Education:

English/ Language Arts - 4 units  
Social Studies - 3 units  
Mathematics - 4 units\*  
Science - 3 units  
Fine Arts - 1 unit  
Additional Coursework - 3 units  
Electives - 6 units\*\*

\*Although high schools require 3 units of mathematics, it is recommended students take a math class each year throughout high school. It is particularly important for students to take a mathematics course in grade 12.

\*\*At least two units of foreign language are highly recommended for college-bound students.

<http://dhe.mo.gov/CollegeAndCareerReadiness.php>

## Breaking Traditions

The Breaking Traditions Awards recognize students who are pursuing non-traditional careers. Materials, including program overview, application and scholarship information have been updated and posted to the DESE Guidance and Counseling website. [Breaking Traditions 2015](#). Contact your [College and Career Consultants](#) for more information and support. [Breaking Traditions 2014 Winners](#)

## STEM Resources

A comprehensive website with Pre-K -12 STEM resources <http://www.nsf.gov/nsb/sei/edTool/explore.html>

## High School Student-Volunteer Community Service Scholarship Awards

Eight scholarships totaling \$8,000 are available to 9-12 grade student-volunteers through the 2014-2015 High School Student-Volunteer Community Service Scholarship Awards initiative. This initiative is sponsored by the Missouri Community Service Commission (MCSC) with financial support from Monsanto Company. Program contact persons are Commissioner John Albright at (573) 207-0044 and Commissioner Cheryl Hibbeler at (636) 293-4988.

[Student-volunteer nomination package](#)

## Missouri Connections

Through your efforts, the use of Missouri Connections continues to grow! Please take advantage of this free, powerful career information and planning tool! For more information, contact Jackie Coleman at [jcoleman@motrainer.com](mailto:jcoleman@motrainer.com) or 573-634-0043 or Tom Schlimpert at [tom.schlimpert@dese.mo.gov](mailto:tom.schlimpert@dese.mo.gov) or 573-751-6875.

Data Point	2013/14	2012/13
Registered Sites	1954	1794
Total Log-ins	904,255	802,950
Total Accounts	574,378	480,000 (approximate)
New Portfolios Created	125,216	125,113
Career Cluster Inventory	91,848	94,405

## Military Career Information

Missouri Connections provides quality information about military career opportunities, including the O'Net Military Crosswalk Search that compares military and civilian occupations. Log in to Missouri Connections; Occupations; About the Military.

## Missouri Gaming Association 2015 Project 21 Scholarships

The Missouri Gaming Association is pleased to announce the 2015 Project 21 Scholarship Program. The Project 21 Scholarship Program provides students an opportunity to disseminate their message by writing an article or creating a poster or video addressing the issue of underage gambling. Two (2) \$1,500.00 first prize scholarships and Four (4) \$1,000.00 second prize scholarships will be awarded. The article, poster or video entry, completed application and other required documentation as outlined in the application must be received by **MARCH 1, 2015**. For more information please contact [info@missouricasinos.org](mailto:info@missouricasinos.org) or click on this link to download the application – [http://www.missouricasinos.org/tiny\\_mce/jscripts/tiny\\_mce/plugins/filemanager/files/2015\\_Project\\_21\\_Application.pdf](http://www.missouricasinos.org/tiny_mce/jscripts/tiny_mce/plugins/filemanager/files/2015_Project_21_Application.pdf)

## Missouri Department of Higher Education Newsletter

The Journey to College [Monthly Reminder](#), is an electronic resource produced by the Missouri Department of Higher Education and is packed full of postsecondary tips directed toward Missouri's students and their parents. Subscribe to the Monthly Reminder at <http://dhe.mo.gov/ppc/reminders2.php>.

## Apprenticeships

Apprentices in the trade professions are a viable career option for many students, including those seeking professional careers in the trade industry. For information:

Kansas City and western Missouri: [Apprenticeship Programs - Western Missouri](#)

St. Louis and eastern Missouri: [Apprenticeship Programs - Eastern Missouri](#)

## RESPONSIVE SERVICES

### MPACT

MPACT is a statewide parent training and information center that serves parents of children with all disabilities. Their primary goal is to assist parents in their effort to effectively advocate for their children's educational rights and services. MPACT staff and volunteers are located throughout Missouri and work with public and private agencies, parent groups, professional organizations and advocacy groups to achieve that goal. [www.ptimpact.org](http://www.ptimpact.org)

### Updated Resources

The newly updated Responsive Services materials created by the Guidance Writing Team are posted at [DESE Responsive Services](#) and include:

- Collaboration and Consultation Guide
- Referral Process Guide
- School Wide Crisis Planning Guide
- Small Group Counseling

### Perspective

According to the National Education Policy Center, each year, more than 3.25 million K-12 students are suspended at least once. African American students are suspended three times more than white students. Nearly 28% of African American male middle school students are suspended each year, compared to 10% white and 16% Hispanic. The [Missouri School Counselor Standards, Indicators and Continuum](#) and the [ASCA Ethical Standards](#) clearly define expectations for us and provide talking points to remind all educators to be sensitive to the individual, understand and embrace our differences and work together to provide a safe and supportive learning environment for adults and students.

*Professional School Counselors are good role models and respectful leaders!*

### Bullying Resources

The Department provides the following Bullying link which includes the state law, federal guidelines and resources [DESE Bullying Resources](#).

**National Center for Victims of Crime** - Has a huge list of national hotline number and Coping with Trauma and Grief section <http://www.victimsofcrime.org/home>

### **Staff Bullying Video**

A 12 minute video entitled "Bullying, Harassment, & Civil Rights" has been created for school staff and administrators by the federal government that addresses the legal requirements for schools and staff. <http://www.stopbullying.gov/videos/2014/02/civil-rights.html>

### **Sobering Video**

Children See. Children Do <http://youtu.be/KHi2dxSf9hw>

## **SYSTEM SUPPORT**

### **College and Career Consultants**

Your regional College and Career Consultant is a valuable resource to support you and your guidance and counseling program. See [College and Career Consultants](#).

### **Professional Associations**

MSCA - Missouri School Counselors Association <http://moschoolcounselor.org/>

MACS - Missouri Association of Career Services - <http://macs.mo-acte.org/macs/>

MCAC- Missouri College Advising Corps - <http://mcac.missouri.edu/>

MCCA - Missouri Community College Association - <http://mccatoday.org/>

MCCE - Missouri Center for Career Education - <http://www.missouricareereducation.org/home.php>

MCCTA - Missouri Council of Career and Technical Administrators - <http://www.mccta.org/>

MACAC - Missouri Association of College Admission Counseling - <http://www.moacac.org/>

MoCDA - Missouri Career Development Association - <https://mo-cda.org/>

NCDA - National Career Development Association - [http://www.ncda.org/aws/NCDA/pt/sp/home\\_page](http://www.ncda.org/aws/NCDA/pt/sp/home_page)

## **Conferences and Professional Development Opportunities**

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### **Building Bridges**

March 2-3, 2015 Location TBD

### **Meet the professionals who say, "I Build."**

**April 14, 2015**, is the date for this year's iBuild Showcase at Bartle Hall in Kansas City. The iBuild Showcase is an annual exposition to bring students together for an opportunity to connect with industry professionals (engineers, architects, construction management and skilled trades), to participate in hands-on activities, and to learn how important math, science and other academic skills are to the construction industry. The National Institute for Construction Excellence sponsors iBuild and other events such as Seniors Day, Educators' Day, Middle School Crayons to CAD Project/Competition, and the High School CAD/Design Competition. For more information about these events, visit their website, <http://nice-kc.com/> and their Facebook page, nice-kc.

## MSCA Spring Conference

### February 27, Location Lodge of the Four Seasons

Get ready for a dynamic, new professional development experience at the 2015 MSCA Take Ten Conference! This one-day conference will provide the professional school counselor opportunity to walk away with at least 10 principles, techniques or ideas that you can take back to your school or office.

## Interesting Insights

### The facts are on your side

You can't underestimate the importance of reading and math. A student not reading at his or her grade level by third grade is four times less likely to graduate high school on time – six times less likely for students from low-income families. (Annie B. Casey Foundation)

A 2012 study revealed that reading and math ability at age 7 was linked to quality of life a full 35 years later. Participants who had higher reading and math skills as children ended up having higher incomes, better housing and better jobs in adulthood.

(2012 University of Edinburgh study published in *Psychological Science*)

### Iceberg

Tim Elmore, noted author of *Habitudes*, uses the iceberg as a visual of personal leadership. The 10% of the iceberg that can be seen represents our words and actions while the 90% that cannot be seen represents our character that is sum total of our:

1. Self-discipline - The ability to do what's right even if you don't feel like it.
2. Core values - Principles you live by that enable you to take a moral stand.
3. Sense of Identity - A realistic self-image based on your gifts and personality.
4. Emotional Security - The capacity to be emotionally stable and consistent.

How do you and your fellow educators measure up as role models? How is your guidance and counseling program and school initiatives addressing these critical aspects of personal/social development for adults and students?

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